

Berry Creek Farm 2012

Community Supported Agriculture

What's it all about?

The original idea of CSA—to re-establish a sense of connection to the land for urban dwellers and to foster a sense of community—began in the late 1970's. Originally, the CSA member would spend time working at the farm in exchange for their 'share' of food. As noble as that may sound, today is different.



Larry at Farmers' Market

Today's Community Supported Agriculture (CSA) provides a great opportunity for you to establish a relationship with a local, certified organic farmer by purchasing a subscription (like a magazine subscription) in advance and receiving a weekly bag of the

best produce around during the spring, summer and fall. This relationship is reciprocal, Larry, your farmer, offers organic produce that excels in flavor and health benefits. Our produce is picked ripe and travels less than 30 miles to reach your home. You will once again enjoy the seasonal nature of food.

Who Benefits?

Everyone involved!

The members:

- Receive fresh, organic produce
- Take pleasure in the fabulous flavor of real food
- Enjoy the health benefits of chemical-free food

The farmer:

- My expenses occur long before I put a seed in the ground and your support is invaluable
- My life is enriched by making new friends and building and maintaining friendships

The Problem:

- You desire fresh, certified organic produce for you and your family, yet you have little time to get involved with the day-to-day operation of a farm.
- You don't want your food to travel 1,500 miles or more before it gets to your table and your family.
- You've heard so much about Salmonella and Lysteria that you've all but sworn off tomatoes, peppers and cantaloupe.

The Solution:

Sign up for a Berry Creek Farm CSA and know your farmer!

Your food will travel about 30 miles from our farm to your home improving your health, reducing your carbon footprint, promoting sustainable agriculture, and keeping your dollars in the local economy.

To begin this journey, you will pay in advance for a 24-week CSA, then each week, beginning approximately mid-May, you will pick up a bag of the freshest, pesticide-free produce available. Or if you prefer the Fruit Only CSA, we will begin contacting you in April to pick up your fruit



Mid-season Regular Share CSA from 2011

Subscription Options:

Regular Share (24 week CSA)

A Regular Share CSA consists of a weekly bag of seasonal vegetables and fruit intended to feed two adults. As a CSA member you are assured of having the best of what we grow over a 24-week period. For returning CSA members, you will receive a 5% discount.

Lite Share (24 week CSA)

A Lite Share consists of a weekly bag of **four seasonal vegetables or fruit**. This 'lite share' will supplement your weekly shopping with the best we have to offer. As a CSA member you are assured of having the best of what we grow over a 24-week period. Ideal for someone who would like to try the CSA experience before jumping into a Regular Share! For returning CSA members, you will receive a 5% discount.

Optional Egg Shares (24 weeks)

We are proud to offer eggs produced by our pasture-grazed chickens. Our farm is Animal Welfare Approved so our chickens live under the highest and most humane standards. An Egg Share includes one dozen per week for 24 weeks. A Half Egg Share includes one-half dozen per week for 24-weeks.

Fruit Only CSA (in season)

This Fruit Only CSA will give you strawberries, peaches, grapes, and tomatoes. (They are a fruit you know!) You will be notified by email when each fruit is in season, You will then pick up at your designated location each week until the particular fruit has stopped producing.

Send the completed form and deposit to us to assure that you will receive a Community Supported Agriculture subscription. The number of shares is limited, so subscribe early!

Payment and Pickup:

A deposit of \$100 will hold your subscription and full payment is expected prior to Jan. 31, 2012. Subscriptions are limited, so send your application and deposit early to assure your enrollment. Pickup is at the farm or at alternate locations. We'll have more information about those alternate locations by April 1

Meet the Farmer and visit the farm

Come out and visit. See our operation. We won't put you to work unless you just want to work. Please call ahead to schedule a time!

For pictures of past CSA pickups and more information about Berry Creek Farm, visit <http://www.berrycreekfarm.us>



Our produce must pass rigorous taste tests

E-mail: berrycreekfarm.ok@gmail.com

or give us a call at 659-3879

Send completed application with check or money order to:

Larry and Jacque Hocking

growers o'naturale

1021 S. Tyler Ave.

Blanchard, OK 73010



2012 Community Supported Agriculture (CSA) Application Form

Name

Mailing Address

City, State and Zip

Day Telephone

E-mail Address

I am interested in the:

- Regular Share CSA* (24-week)..... \$720.00
- Lite Share* CSA (24-week)..... \$480.00
- Optional Egg Share (24-week)..... \$144.00
- Optional Egg Half Share** (24-week)..... \$ 96.00
- Fruit Only CSA (24-week)..... \$300.00

*This price will be reduced by 5% for returning CSA members.

**This pricing reflects increased cost of 6-egg packaging.

Berry Creek Bucks!

Berry Creek Bucks are always available in \$25.00 and \$50.00 amounts.

Give a healthy, unique gift for the holidays or any special occasion.

Disclosure

I understand that there is some risk involved in any farming endeavor, but I believe that Berry Creek Farm will do their best to provide all they have promised. I realize they have no control over bad weather, drought, pests and chicken hawks.

X _____
Sign



Liam and Liberty preparing to plant

What to expect:

Early in the season, shares tend to be light containing mostly greens and salad fare, but don't be discouraged. Later in the summer the shares will contain more variety. Produce is harvested fresh, most less than 24 hours before a pick-up. Even though we sell some produce outside of our CSA program, our regular CSA subscribers come first. This is one of the "perks" of this program! You eat what we eat, and if there's anything left over, it goes to the Farmers' Market. As the season progresses, we expect to have plenty of peas, beets, radishes, onions, tomatoes, fresh herbs, potatoes, strawberries, grapes, peaches, yellow squash, lemon cucumbers, and zucchini, to name a few. We're always planning, and would love to fill "special requests" from our CSA members. As we've said before, if it can be grown in Oklahoma, we will give it a whirl!